

2026 - 2027
PROGRAM



A SIMPLE LIFE

Art, Nature &
the Ecology of Self

*A monthly series of workshops
by AdGraphics.*



*Create.
Explore.
Reconnect.*

AdGrafics Design Studio
presents...

Art, Nature & the Ecology of Self

AdGrafics is a multidisciplinary creative studio exploring the space between art, design, nature and the way we live.

From visual storytelling and landscape design to workshops, illustration and objects, each project begins with the same curiosity:
how can creativity help us observe differently,
reconnect with what matters,
and bring more beauty and meaning into everyday life?

Founded by designer and artist Aurélie Peters,
AdGrafics brings together
more than 15 years of creative practice
with a growing exploration of nature,
ecology and the art of living simply.

Observe. Reconnect. Create.

Art, Nature & the Ecology of Self

A monthly series of workshops by AdGrafics.



There are moments when life asks us to go further.
And others when it quietly calls us home.

Back to our hands.
To the scent of crushed rosemary,
pigment dissolving into water,
soil beneath our fingers,
a flower observed long enough to become a world.

Perhaps this is the Ecology of the Self:

To tend to our inner landscape
as we would tend to a garden.

To nourish what wants to grow.
To give light to what has been forgotten.
To make space for beauty, curiosity, love and wonder.

Through art, nature and philosophy,
we gather to paint, create, make, question, smell, touch, observe —
and remember the poetry of simple things.

Because perhaps we do not need to become more.

*Perhaps we simply need to become quiet enough
to hear ourselves again.*

To return to an ecology of attention.
To return to what is essential.

To return home.



Each workshop can be booked separately on our website.



Book your spot here:
www.adgrafics.eu/online-boutique

7 October 2026

o1 — READING THE LANDSCAPE

Learning to Observe What Nature Is Telling Us

Soil, wild plants & bioindicators

9:30 AM – 1:00 PM

€70 per person

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21 October 2026

o2 — THE MEDITERRANEAN GARDEN

Learning from a Landscape That Knows How to Adapt

Plants, colour & resilient planting

9:30 AM – 1:00 PM

€70 per person

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4 November 2026

o3 — A SIMPLE LIFE

What Do We Actually Need to Live Well?

A morning of philosophy, conversation and reflection on simplicity,
beauty and what truly nourishes a life.

9:30 AM – 1:00 PM

€50 per person

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18 November 2026

o4 — THE NATURAL APOTHECARY

Returning to the Intelligence of the Hands

Plants, scents, textures and the making of simple natural products
for everyday care.

9:30 AM – 1:00 PM

€75 per person · Materials included

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2 December 2026

o5 — BOTANICAL WATERCOLOUR

Learning to See Through Drawing

A slow practice of observation, colour and attention
through the beauty of plants.

9:30 AM – 1:00 PM

€75 per person · Materials included

16 December 2026

o6 — THE ECOLOGY OF THE SELF

Tending to Our Inner Landscape

Energy, attention, boundaries, needs and personal rhythm.

9:30 AM – 1:00 PM

€50 per person

2027

20 January 2027

o7 — LIVING WITH THE SEASONS

Remembering That We Are Nature Too

Exploring how our energy, creativity and everyday lives
can reconnect with natural rhythms.

9:30 AM – 1:00 PM

€50 per person

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3 February 2027

o8 — THE BOTANICAL NOTEBOOK

Walking as a Practice of Attention

Walking, observing, collecting, drawing and writing — creating a personal
record of what we notice when we begin to slow down.

9:30 AM – 1:00 PM

€75 per person · Materials included

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17 February 2027

o9 — FROM NATURE TO MURAL

Turning Observation into Creation

From a plant, a form or a detail found in nature
to a personal botanical composition and mural.

9:30 AM – 1:00 PM

€75 per person · Materials included

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3 March 2027

o10 — THE ART OF ATTENTION

The Journey Back to Ourselves

A final morning dedicated to attention, creativity and presence —
exploring how to observe rather than constantly consume,
and how to create enough silence to hear our own voice again.

9:30 AM – 1:00 PM

€50 per person



YOUR SOUL KNOWS, LISTEN

Art
Nature
& the Ecology
of Self



ENTER THE WORLD OF ADGRAFICS

LEARN & CREATE

Join one of our workshops and explore art, nature, design and the pleasure of making with your hands.

BOOKS & STORIES

Discover our collection of books, essays and stories — created for curious minds and wandering souls.

NOTEBOOKS & OBJECTS

Illustrated notebooks and small creative objects designed to bring a little more beauty into everyday life.

ART & ILLUSTRATION

Looking for something made especially for you? Discover original artwork, botanical illustration, murals and custom-made creative pieces.

DESIGN & CREATIVE DIRECTION

From visual identities and publications to websites and storytelling, AdGrafics helps ideas find their own visual language.

GARDENS & SPACES

Landscape design, planting concepts and creative spaces inspired by nature, place and the Mediterranean way of life.

Create. Learn. Read. Grow.

Different ways of returning to what matters.



www.adgrafics.eu
Based in Bordighera

/ADGRAFICS
DESIGN STUDIO

